

## The Swan School Policy –Relationship and Sex Education (RSE)

Aims:	<ul style="list-style-type: none"> <li>● To raise the awareness of students about their developing bodies and emotions, and about those of others</li> <li>● To learn to enjoy one’s own sexuality and appreciate the similarities and differences encountered in others</li> <li>● To understand different personal relationships and to enable students to understand the dangers of exploitation and what they can do about it.</li> <li>● To give students the self-confidence to relate to others</li> <li>● To feel confident discussing issues of sex and sexuality</li> <li>● To encourage students to be responsible for their own sexuality</li> <li>● To learn about reproduction and to examine and discuss the nature and functions of ‘family life’ and personal relationships in all their varieties</li> <li>● To prevent homophobic/transphobic bullying and the use of homophobic/transphobic language both in and outside of school.</li> <li>● To provide information about contraception, sexually transmitted diseases and safe sex</li> <li>● To have access to information about places to which students can go for information and support</li> <li>● To ensure that the school’s RSE programme includes the elements recommended by the DfE.</li> <li>● To provide students with an opportunity to reflect in a structured manner upon issues, some of which may be controversial in society</li> </ul> <p><i>This will be achieved by:</i></p> <ul style="list-style-type: none"> <li>● Exploration of some appropriate RSE topics in tutor groups through the pastoral curriculum.</li> <li>● Organising single-gender teaching groups for RSE, project-based activities, and assemblies where appropriate.</li> <li>● Ensuring teaching is in tandem with the body of factual knowledge taught within the science curriculum</li> <li>● Repeating the topics using different approaches as students mature</li> <li>● Staff being aware and respectful of the constraints of religious beliefs</li> </ul>
Targets/ Outcomes	<ul style="list-style-type: none"> <li>● Students will receive broad and balanced teaching on RSE topics empowering them to remain emotionally and physically healthy and safe</li> <li>● Students will make informed decisions in their relationships</li> <li>● Prevent incidents of sexual activity, inappropriate sexual contact and unwanted sexual attention inside and outside of school.</li> </ul>
Definition:	<ul style="list-style-type: none"> <li>● Relationships and Sex Education (RSE) is a broad term used to describe education about human sexual anatomy, sexual reproduction, sexual intercourse, and other aspects of sexuality</li> <li>● The objective of sex and relationship education is to help and support young people through their physical, emotional and moral development. A successful programme, firmly embedded in PHSCE and the pastoral curriculum, will help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood</li> </ul>
<b>Roles and Responsibilities:</b>	
Students will:	<ul style="list-style-type: none"> <li>● Work individually, in pairs and in groups to explore issues of sex and relationships</li> <li>● Respect one another’s opinions and respond to the teaching in a mature and responsible way</li> <li>● Comply with an agreed code of conduct where nobody is expected to answer personal questions in public</li> <li>● Report any incidents of concerning sexual behaviour or relationships to a member of staff.</li> </ul>
Parents and carers will:	<ul style="list-style-type: none"> <li>● Support the school’s policy on RSE</li> <li>● Inform the school in writing if they wish their child to be withdrawn from sex education (excluding that covered as part of the science curriculum). <ul style="list-style-type: none"> <li>○ Students may not be withdrawn from relationships education.</li> <li>○ Students may opt back into sex education from their 15<sup>th</sup> birthday.</li> </ul> </li> </ul>
All staff will:	<ul style="list-style-type: none"> <li>● Support the school policy on RSE</li> <li>● Ask for training or support in delivering RSE if needed</li> <li>● Comply with an agreed code of conduct where nobody is expected to answer personal questions in public</li> <li>● Foster an environment where students feel comfortable asking questions and discussing challenging issues.</li> <li>● Report any incidents of concerning sexual behaviour or relationships to the safeguarding team.</li> </ul>
In addition, form tutors will:	<ul style="list-style-type: none"> <li>● Deliver some elements of RSE through the pastoral curriculum during tutor time.</li> </ul>
SLT will:	<ul style="list-style-type: none"> <li>● Provide appropriate training and support for staff to plan and deliver the RSE programme to a high standard.</li> <li>● Ensure the school offers coordinated support from external professionals</li> <li>● Monitor and evaluate the quality and appropriateness of RSE provision across the school</li> </ul>
Related docs:	Anti- Bullying, Equal Opportunities, Safeguarding policy

<b>Monitoring Date:</b>	<b>Monitored By:</b>	<b>Full Review Due:</b>	<b>Review By:</b>